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SINGH KIERA

Sea Change Hachette UK

(Vocal Selections). Six has received rave reviews around the world for its modern take on the stories of the six wives of Henry VIII and it's finally opening on Broadway! From Tudor queens to pop princesses, the six wives take the mic to remix five hundred years of historical heartbreak into an exuberant celebration of 21st century girl power! Songs include: All You Wanna Do * Don't Lose Ur Head * Ex-Wives * Get Down * Haus of Holbein * Heart of Stone * I Don't Need Your Love * No Way * Six.

Half Life Simon and Schuster

A hilarious new middle grade novel from beloved and bestselling author Gordon Korman about what happens when the worst class of kids in school is paired with the worst teacher—perfect for fans of Ms. Bixby's Last Day. A good choice for summer reading or anytime! The Unteachables are a notorious class of misfits, delinquents, and academic train wrecks. Like Aldo, with anger management issues; Parker, who can't read; Kiana, who doesn't even belong in the class—or any class; and Elaine (rhymes with pain). The Unteachables have been removed from the student body and isolated in room 117. Their teacher is Mr. Zachary Kermit, the most burned-out teacher in all of Greenwich. He was once a rising star, but his career was shattered by a cheating scandal that still haunts him. After years of phoning it in, he is finally one year away from early retirement. But the superintendent has his own plans to torpedo that idea—and it involves assigning Mr. Kermit to the Unteachables. The Unteachables never thought they'd find a teacher who had a worse attitude than they did. And Mr. Kermit never thought he would actually care about teaching again. Over the course of a school year, though, room 117 will experience mayhem, destruction—and maybe even a shot at redemption.

Fight of the Century Mitchell Beazley

Louise Parker's 6-Week Programme is a guided, motivational programme for transforming your body and enjoying the results for life. Week by week, you'll follow each of the four pillars of Louise's Method: eat beautifully, live well, think successfully and work out intelligently. You'll experience a complete mind-body reset and focus on acquiring the habits key to long-term success. [The Louise Parker Method: The 6-Week Programme](#) Ballantine Books

"The closest thing that the American theater currently has to a David Foster Wallace, Rapp can give you the head rush of sophisticated literary allusion and unreliable narrative trickery à la Dostoevsky, and yet talk of Plano, Illinois, and let you know that he knows exactly how it feels...A gripping stunner of a play."

—Chris Jones, Chicago Tribune When Bella Baird, an isolated creative writing professor at Yale, begins to mentor a brilliant but enigmatic student, Christopher, the two form an unexpectedly intense bond. As their lives and the stories they tell about themselves become intertwined in unpredictable ways, Bella makes a surprising request of Christopher. Brimming with suspense, Rapp's riveting play explores the limits of what one person can ask of another.

The Louise Parker Method Mitchell Beazley

Join acclaimed photographer Georgianna Lane and explore the flower markets, gardens, and floral boutiques of London in this full-color celebration of the flora of England's capital. London in Bloom showcases the floral abundance of the city's extraordinary parks, gardens, florists, and flower markets. In this companion to her popular books *Paris in Bloom* and *New York in Bloom*, Georgianna Lane takes us on a romantic floral tour of London, juxtaposing luscious blooms with intricate floral details found in iconic architecture. The book also includes: A detailed list of recommended parks, gardens, markets, and floral designers A spring tour of blossoms and blooms A field guide of common spring-blooming trees and shrubs Step-by-step instructions for creating a London-style bouquet And more Lane offers a practical travel guide for anyone planning to see London in bloom in real life. She plans out a tour of spring blossoms, with a field guide for identifying flowering trees and shrubs. She even includes a list of addresses for her favorite parks, gardens, floral boutiques, and flower markets. Lane writes, "No place, real or imagined, enchants quite like an English garden. The ornate gates, the tumbling roses, the winding paths, and the sunlight winking through branches of delicate blossoms have long inspired poetry and romance. . . . Some are intimate and secret, with secluded corners and mysterious pools where dragonflies hover or fantastic creatures might even dwell. Others are impressive and majestic, their rolling parklands reminiscent of an eighteenth-century

landscape painting." For flower lovers and Anglophiles alike, *London in Bloom* offers a unique and irresistible view of London, a chance to bring "poetry and romance" to your home or to give it as a gift.

The Judge's List HarperCollins

This book "renders the singular arc of a woman's life through letters Mary-Louise Parker composes to the men, real and hypothetical, who have informed the person she is today. Beginning with the grandfather she never knew, the letters range from a missive to the beloved priest from her childhood to remembrances of former lovers to an homage to a firefighter she encountered to a heartfelt communication with the uncle of the infant daughter she adopted"--

Nocturnes National Academies Press

Writer/director/producer Justine Bateman examines the aggressive ways that society reacts to the aging of women's faces. "Face...is filled with fictional vignettes that examine real-life societal attitudes and internal fears that have caused a negative perspective on women's faces as they age." --The TODAY Show, a Best Book of 2021 "With her new book *Face: One Square Foot of Skin*, Justine Bateman...is trying to push back against the notion that women's faces are 'broken and need to be fixed'...The book is a meditation on women's faces, and the cultural pressure to be 'ashamed and apologetic that their faces had aged naturally.'" --New York Times "[Bateman] studies the topic of women and aging in her new book *Face: One Square Foot of Skin*." --People "There is nothing wrong with your face. At least, that's what Justine Bateman wants you to realize. Her new book, *Face: One Square Foot of Skin*, is a collection of fictional short stories told from the perspectives of women of all ages and professions; with it, she aims to correct the popular idea that you need to stop what you're doing and start staving off any signs of aging in the face." --W Magazine "The actor and author of *Face: One Square Foot of Skin* wants to push back against the ubiquity of plastic surgery." --Vanity Fair "Justine Bateman extends her creative talents to include fiction in this collection of vignettes that focus on how we've learned to react to women's faces as they age. Based on Bateman's own real-life interviews, the stories dig deep to uncover why we're uncomfortable with faces of a certain age, and argue that confidence--and not cosmetic procedures--are the answer to the problem." --Town & Country, one of the Best Books of Spring 2021 "Through a selection of short stories, [Bateman] examines just how complicated it is for women to get older, both in and out of the spotlight." --Glamour "Bateman asks, what if we just rejected the idea that older faces need fixing. What if we ignored all the clanging bells that remind women every day on every platform that we are in some kind of endless battle with aging." --TIME Magazine "[Bateman] argues that American society has long equated the signs of aging on a woman's face with unattractiveness. But she also asserts that women need not participate in such prejudice by accepting and internalizing it." --AARP "Right on, Justine Bateman. Thanks for helping us embrace our faces just as they are." --Upworthy "It's been a long time since I read something that made me want to stand up and cheer." --ScaryMommy *Face* is a book of fictional vignettes that examines the fear and vestigial evolutionary habits that have caused women and men to cultivate the imagined reality that older women's faces are unattractive, undesirable, and something to be "fixed." Based on "older face" experiences of the author, Justine Bateman, and those of dozens of women and men she interviewed, the book presents the reader with the many root causes for society's often negative attitudes toward women's older faces. In doing so, Bateman rejects those ingrained assumptions about the necessity of fixing older women's faces, suggesting that we move on from judging someone's worth based on the condition of her face. With impassioned prose and a laser-sharp eye, Bateman argues that a woman's confidence should grow as she ages, not be destroyed by society's misled attitude about that one square foot of skin.

Unbroken (Movie Tie-in Edition) Mister Series

A breakthrough examination of the professional wrestling, its history, its fans, and its wider cultural impact *The Squared Circle* grows out of David Shoemaker's writing for *Deadspin*, where he started the column "Dead Wrestler of the Week" (which boasts more than 1 million page views)—a feature on the many wrestling superstars who died too young because of the abuse they subject their bodies to—and his writing for *Grantland*, where he covers the pro wrestling world, and its place in the pop culture mainstream. Shoemaker's sportswriting has since struck a nerve with generations of wrestling fans who—like him—grew up worshipping a sport often derided as "fake" in the wider culture. To them, these professional wrestling superstars are not just heroes but an emotional outlet and the lens through which they

learned to see the world. Starting in the early 1900s and exploring the path of pro wrestling in America through the present day, *The Squared Circle* is the first book to acknowledge both the sport's broader significance and wrestling fans' keen intellect and sense of irony. Divided into eras, each section offers a snapshot of the wrestling world, profiles some of the period's preeminent wrestlers, and the sport's influence on our broader culture. Through the brawling, bombast, and bloodletting, Shoemaker argues that pro wrestling can teach us about the nature of performance, audience, and, yes, art. Full of unknown history, humor, and self-deprecating reminiscence—but also offering a compelling look at the sport's rightful place in pop culture—*The Squared Circle* is the book that legions of wrestling fans have been waiting for. In it, Shoemaker teaches us to look past the spandex and body slams to see an art form that can explain the world.

The 6 Week Programme Dramatists Play Service Inc

My boyfriend is getting married. Okay, technically he's my ex-boyfriend. Two months ago he decided he wanted a break. I still thought he was my happily ever after. On any other day, knowing he was gone for good would be the worst thing that could possibly happen. But not today. Because not only is my boyfriend getting married-his bride is my best friend. And they've sent me an invitation. There's no way I'm going to attend. I don't care if it's in beautiful Scotland. Nothing and no one could convince me. Not even when a deliciously handsome stranger tells me he needs to go as my plus one. Not even when he shoots me a wickedly, sexy smile. But then he offers me the opportunity of a lifetime—a dream come true. How can I say no? I have one condition. He has to be my new boyfriend. I mean, my pretend new boyfriend. Mr. Mayfair is a standalone book in the Mister world. For Dexter and Hollie's story - read Mr. Knightsbridge For Gabriel and Autumn's story - read Mr. Smithfield For Joshua and Hartford's story - read Mr. Park Lane For Andrew and Sofia's story - read Mr. Bloomsbury For Tristan and Parker's story - read Mr. Notting Hill

One Summer Akashic Books

Folksy and fresh, endearing and affecting, *Fried Green Tomatoes* at the Whistle Stop Cafe is a now-classic novel about two women: Evelyn, who's in the sad slump of middle age, and gray-headed Mrs. Threadgoode, who's telling her life story. Her tale includes two more women—the irrepressibly daredevilish tomboy Ildgie and her friend Ruth—who back in the thirties ran a little place in Whistle Stop, Alabama, offering good coffee, southern barbecue, and all kinds of love and laughter—even an occasional murder. And as the past unfolds, the present will never be quite the same again. Praise for *Fried Green Tomatoes* at the Whistle Stop Cafe "A real novel and a good one [from] the busy brain of a born storyteller."—The New York Times "Happily for us, Fannie Flagg has preserved [the Threadgoodes] in a richly comic, poignant narrative that records the exuberance of their lives, the sadness of their departure."—Harper Lee "This whole literary enterprise shines with honesty, gallantry, and love of perfect details that might otherwise be forgotten."—Los Angeles Times "Funny and macabre."—The Washington Post "Courageous and wise."—Houston Chronicle

The China Study BenBella Books

#1 NEW YORK TIMES BESTSELLER • Investigator Lacy Stoltz follows the trail of a serial killer, and closes in on a shocking suspect—a sitting judge—in "one of the best crime reads of the year.... Bristling with high-tech detail and shivering with suspense.... Worth staying up all night to finish" (Wall Street Journal). In *The Whistler*, Lacy Stoltz investigated a corrupt judge who was taking millions in bribes from a crime syndicate. She put the criminals away, but only after being attacked and nearly killed. Three years later, and approaching forty, she is tired of her work for the Florida Board on Judicial Conduct and ready for a change. Then she meets a mysterious woman who is so frightened she uses a number of aliases. Jeri Crosby's father was murdered twenty years earlier in a case that remains unsolved and that has grown stone cold. But Jeri has a suspect whom she has become obsessed with and has stalked for two decades. Along the way, she has discovered other victims. Suspicions are easy enough, but proof seems impossible. The man is brilliant, patient, and always one step ahead of law enforcement. He is the most cunning of all serial killers. He knows forensics, police procedure, and most important: he knows the law. He is a judge, in Florida—under Lacy's jurisdiction. He has a list, with the names of his victims and targets, all unsuspecting people unlucky enough to have crossed his path and wronged him in some way. How can Lacy pursue him, without becoming the next name on his list? *The Judge's List* is by any measure John Grisham's most surprising, chilling novel yet. Don't miss John Grisham's new book, *THE EXCHANGE: AFTER THE FIRM*, coming soon!

The Anthrax Vaccine Harlequin

A Mind-Body Approach to Healing If you have received a cancer diagnosis, you know that the hundreds of questions and concerns you have about what's to come can be as stressful as the cancer treatment itself. But research shows that if you mentally prepare yourself to handle cancer treatment by getting stress and anxiety under control, you can improve your quality of life and become an active participant in your own recovery. Created by leading psychologists specializing in oncology, the Mindfulness-Based Cancer Recovery program is based on mindfulness-based stress reduction (MBSR), a therapeutic combination of mindfulness meditation and gentle yoga now offered to cancer survivors and their loved ones in hundreds of medical centers, hospitals, and clinics worldwide. Let this book be your guide as you let go of fear and focus on getting well. With this eight-week program, you'll learn to:

- Use proven MBSR skills during your treatment and recovery
- Boost your immune function through meditation and healing yoga
- Calm feelings of fear, uncertainty, and lack of control
- Mindfully manage difficult symptoms and side effects
- Discover your own capacity for healing and thriving after adversity

The Squared Circle Mitchell Beazley

Police chief Jesse Stone faces the case of his career in this thrilling novel in the New York Times bestselling series. When a woman's partially decomposed body washes ashore in Paradise, Massachusetts, police chief Jesse Stone is forced into a case far more difficult than it initially appears. Identifying the woman is just the first step in what proves to be an emotionally charged investigation. Florence Horvath was an attractive, recently divorced heiress from Florida; she also had a penchant for steamy sex and was an enthusiastic participant in a video depicting the same. Somehow the combination of her past and present got her killed, but no one is talking—not the crew of the Lady Jane, the Fort Lauderdale yacht moored in Paradise Harbor; not her very blond, very tan twin sisters, Corliss and Claudia; and not her curiously affectless parents, living out a sterile retirement in a Miami high rise. But someone—Jesse—has to speak for the dead, even if it puts him in harm's way.

Louise Parker: The 6 Week Programme Elsevier Health Sciences
 4 Weeks to Lose the Weight. 4 Phases to Keep It Off for Life. The Lean for Life program has been used for over 40 years in Lindora Clinics to help over 750,000 people lose millions of pounds—with an incredible 79 percent keeping weight off! Now this classic bestseller has been completely revised and updated based on groundbreaking new research about the brain's role in weight loss. The New Lean for Life uses a revolutionary "smart carb"

program coupled with powerful behavioral modification to shrink fat cells while stabilizing blood sugar, healing inflammation and establishing new habits that will sustain a leaner, healthier you. The easy-to-follow daily plans anticipate your thoughts, needs and cravings before they hit so that you are sure to stay on track and succeed. Results are quick—you'll experience rapid weight loss in just 4 weeks—and lasting. And best of all, you won't feel hungry or deprived! Now it's your turn. Join the Lean for Life movement and lose weight—for good. U.S. edition shown
The Louise Parker Method: Lean for Life Vintage
 The same as the original bestseller but in a smaller, more convenient, travel size that will fit in your bag.

Fit Men Cook ABRAMS

New York Times Bestseller "Captivating. . . . Compelling. . . . There is a kind of magic at work in this novel." —The Washington Post Book World Ian Bedloe is the ideal teenage son, leading a cheery, apple-pie life with his family in Baltimore. That is, until a careless and vicious rumor leads to a devastating tragedy. Imploding from guilt, Ian believes he is the one responsible for the tragedy. No longer a star athlete with a bright future, and desperately searching for salvation, he stumbles across a storefront with a neon sign that simply reads: CHURCH OF THE SECOND CHANCE. Ian has always viewed his penance as a burden. But through the power of faith and the love of family, he begins to view it as a gift. After years spent trying to atone for his foolish mistakes, Ian finds forgiveness and peace in the life he builds for himself.

The Louise Parker Method DIANE Publishing

The fitness influencer and creator of the #1 bestselling Food & Drink app, FitMenCook, shares 100 easy, quick meal prep recipes that will save you time, money, and inches on your waistline—helping you to get healthy on your own terms. We like to be inspired when it comes to food. No one enjoys cookie-cutter meal plans, bland recipes, or eating the same thing every day. Instead of worrying about what to eat and how it's going to affect our bodies, we should embrace food freedom—freedom to create flavorful meals, but in a more calorie-conscious way; freedom to indulge occasionally while being mindful of portions; and freedom to achieve wellness goals without breaking the bank. In Fit Men Cook, Kevin Curry, fitness expert and social media sensation with millions of followers and hundreds of thousands of downloads on his app, shares everything you need to live a healthy life each day—from grocery lists to common dieting pitfalls to his ten commandments of meal prep—as well as his personal story of overcoming depression and weight gain to start a successful

business and fitness movement. This guide also includes 100+ easy and flavorful recipes like Southern-Inspired Banana Corn Waffles, Sweet Potato Whip, Juicy AF Moroccan Chicken, and many more to help you plan your week and eat something new and nutritious each day. With Fit Men Cook, you can create exciting, satisfying meals and be on your way to losing weight for good. After all, bodies may be sculpted at the gym, but they are built in the kitchen.

Fried Green Tomatoes at the Whistle Stop Cafe National Academies Press

Is this the strangest thing that two people have ever done in the history of the world? In this uncertain world, who can predict what brings people together? When two strangers meet by chance amidst the bustle of a crowded London train station, their lives are changed forever. Multi-award-winning British playwright Simon Stephens brings his hit Broadway play to London for the first time. Brimming with blazing theatrical life it explores the uncertain and often comical sparring match that is human connection. Having received its world premiere at the Manhattan Theatre Club, New York in 2015 *Heisenberg: The Uncertainty Principle* makes its UK premiere in the West End in a thrilling production starring Kenneth Cranham and Anne Marie Duff, directed by Marianne Elliot.

The New Lean for Life Vintage

THE STORY: On the eve of her twenty-fifth birthday, Catherine, a troubled young woman, has spent years caring for her brilliant but unstable father, a famous mathematician. Now, following his death, she must deal with her own volatile emotions; the

The Sound Inside Ballantine Books

The vaccine used to protect humans against the anthrax disease, called Anthrax Vaccine Adsorbed (AVA), was licensed in 1970. It was initially used to protect people who might be exposed to anthrax where they worked, such as veterinarians and textile plant workers who process animal hair. When the U. S. military began to administer the vaccine, then extended a plan for the mandatory vaccination of all U. S. service members, some raised concerns about the safety and efficacy of AVA and the manufacture of the vaccine. In response to these and other concerns, Congress directed the Department of Defense to support an independent examination of AVA. The Anthrax Vaccine: Is It Safe? Does It Work? reports the study's conclusion that the vaccine is acceptably safe and effective in protecting humans against anthrax. The book also includes a description of advances needed in main areas: improving the way the vaccine is now used, expanding surveillance efforts to detect side effects from its use, and developing a better vaccine.